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|-------------|--|--|---|--|--|--|---|--|---|--|--|---|--|
| 15:00-16:30 | <b>IN-CONGRESS WORKSHOP 8</b><br>Metacognitive Therapy for Generalized Anxiety and Worry<br><br>Adrian Wells, University of Manchester   | <b>IN-CONGRESS WORKSHOP 9</b><br>Good Practice of In Vivo Imaginal Exposure Therapy<br><br>Jonathan Haggart, The Hebrew University   | <b>IN-CONGRESS WORKSHOP 10</b><br>Rediscovering Willpower: The Key to Successful Outcomes in Addiction and Substance Misuse<br><br>Frank Ryan, Imperial College London  | <b>IN-CONGRESS WORKSHOP 11</b><br>Updating Trauma Memories with Cognitive Exposure Therapy for PTSD<br><br>Anke Ehlers, the University of Oxford   | <b>IN-CONGRESS WORKSHOP 12</b><br>Enhancing CBT Homework with Collaborative Enrichment and Socratic Dialogue: A Practical Workshop<br><br>Nikolaos Kazantzis, Monash University  | <b>IN-CONGRESS WORKSHOP 13 (100€-Free)</b><br>Thinking Effectively About Mood Swings (TEAMS) - Cognitive Therapy for Mood Swings and Bipolar Disorders<br><br>Sara Toi, the University of Manchester   | <b>IN-CONGRESS WORKSHOP 14 (100€-Free)</b><br>Special Topics in the Treatment of OCD in Children and Adolescents<br><br>Elio Yudin, University of Pennsylvania and Child Study Institute  | <b>MASTERCLASS 5</b><br>Trial Based Cognitive Therapy - A Novel CBT Approach for Treating Psychiatric Disorders<br><br>Vismara Reis De Oliveira, Federal University of Brasilia  | <b>MASTERCLASS 4</b><br>Making CBT Real and Relevant with Distressed Youth<br><br>Robert Friedberg, Palo Alto University  | <b>SKILLS CLASS 2 (120€)</b><br>Emotion Dysregulation in Binge Eating Disorder: Teaching Adaptive Emotion Regulation Skills in Therapy<br><br>Feyza Boyaktar, Bogazici University  | <b>SYMPOSIUM 10 (11€)</b><br>Innovations in the Treatment of Social Anxiety Disorder<br><br>Organizer: Johanna Boettcher, Freie Universität Berlin<br>Chair: Abete Renneberg, Freie Universität Berlin   | <b>SYMPOSIUM 11 (11€)</b><br>Current Challenges and Future Directions in the Prevention of Youth Depression<br><br>Organizer: Belinda Platt, Ludwig-Maximilians University of Munich<br>Chair: Belinda Platt, Ludwig-Maximilians University of Munich |  |
| 16:30-17:30 | <b>KEYNOTE 5</b><br>Infidelity and Its Consequences: Is It Possible to Rebuild Trust Following the Affair?<br><br>Mehmet Z. Surgar, Marmara University<br>Chair: TBA   | <b>KEYNOTE 6</b><br>When Best Practice Isn't Best Practice: Enhancing the Acceptability of CBT for Anxiety Disorders and Related Problems<br><br>Adam S. Radomsky, Concordia University<br>Chair: Christine Purdon, the University of Waterloo   | <b>KEYNOTE 7</b><br>The Training and Dissemination of CBT for Depression: Past Failures and Lessons Learned<br><br>Keith S. Dobson, University of Calgary<br>Chair: Nikolaos Kazantzis, Monash University   | <b>KEYNOTE 8</b><br>Disseminating Child and Adolescent CBT in Skilled Hands: The Importance of Good Practice<br><br>Robert Friedberg, Palo Alto University<br>Chair: Maria Do Ceu Salvador, Universidade de Coimbra  | <b>REINARY 4</b><br>Good Practices in the Treatment of BDD<br><br>Figen Neziroglu, Bio-Behavioral Institute<br>Chair: David Veale, King's College  | <b>REINARY 5</b><br>Existential Issues in CBT: Current State and Future Perspectives<br><br>Thomas Heidecker, Esslingen University<br>Chair: Rachel Menzies, University of Sydney  |   |  |   |  |  |   |  |
| 15.09.2017  | Hall 1   | Hall 2   | Hall 3  | Hall 4   | Hall 5   | Hall 6   | Hall 7  | Hall 8   | Hall 9  | Hall 10  | Hall 11  | Hall 12   |  |
| 8:30-10:00  | <b>IN-CONGRESS WORKSHOP 15</b><br>CBT for Personality Disorders<br><br>Judith Beck, the University of Pennsylvania   | <b>IN-CONGRESS WORKSHOP 16</b><br>Cognitive Behavioral Therapy of Social Anxiety Disorder<br><br>Stefan Hofmann, Boston University   | <b>IN-CONGRESS WORKSHOP 17</b><br>Treatment of OCD: A Case Formulation Approach<br><br>Christine Purdon, the University of Waterloo   | <b>IN-CONGRESS WORKSHOP 18</b><br>CBT for Negative Symptoms and Thought Disorders<br><br>Douglas Turkington, Newcastle University  | <b>IN-CONGRESS WORKSHOP 19</b><br>Mirror Images, Mental Images, and Modifications:<br>Cognitive Therapy for Body Dysmorphic Disorder<br><br>Viktoria Ritter, Goethe University & Ulrich Spangler, Goethe University  | <b>IN-CONGRESS WORKSHOP 20 (107€-Free)</b><br>The Initial Phase of Therapy in ACT: Setting the Grounds for a Valued Change<br><br>Yfrah Yovel, The Hebrew University of Jerusalem  | <b>IN-CONGRESS WORKSHOP 21 (105€-Free)</b><br>Relationship Interrupted: Assessment and Treatment of Relationship Obsessive Compulsive Disorder (ROCD)<br><br>Guy Doron, Danny Derdy, IDC/ Cognetica   | <b>MASTERCLASS 5</b><br>A Metacognitive Therapy Solution to Treating Emotional Distress in Physical Illnesses<br><br>Peter Fisher, University of Liverpool   | <b>MASTERCLASS 6</b><br>The Attention Training Technique: Do as Don'ts<br><br>Costas Papageorgiou, Priory Hospital Atricham   | <b>MASTERCLASS 7</b><br>Reflective Practice Seems Like a Great Idea But What Is It?<br><br>James Bennett-Levy, University of Sydney  | <b>SYMPOSIUM 12 (102€)</b><br>Understanding and Treating Psychopathic Traits in Youth: A Compassion Based Proposal<br><br>Organizer: Daniel Reis, Universidade de Coimbra<br>Chair: Amoud Arntz, University of Amsterdam   | <b>SYMPOSIUM 13 (112€)</b><br>A Clinical Case with Complex Personality Disorders: Different Ways to Assess and Treat<br><br>Organizer: Michele Prociak, Terzo Centro Psicoterapico Cognitivo<br>Chair: Amoud Arntz, University of Amsterdam           |  |
| 10:00-10:30 | COFFEE BREAK   |  |   |  |  |  |   |  |   |  |  |   |  |
| 10:30-11:30 | <b>IN-CONGRESS WORKSHOP 15</b><br>CBT for Personality Disorders<br><br>Judith Beck, the University of Pennsylvania   | <b>IN-CONGRESS WORKSHOP 16</b><br>Cognitive Behavioral Therapy of Social Anxiety Disorder<br><br>Stefan Hofmann, Boston University   | <b>IN-CONGRESS WORKSHOP 17</b><br>Treatment of OCD: A Case Formulation Approach<br><br>Christine Purdon, the University of Waterloo   | <b>IN-CONGRESS WORKSHOP 18</b><br>CBT for Negative Symptoms and Thought Disorders<br><br>Douglas Turkington, Newcastle University  | <b>IN-CONGRESS WORKSHOP 19</b><br>Mirror Images, Mental Images, and Modifications:<br>Cognitive Therapy for Body Dysmorphic Disorder<br><br>Viktoria Ritter, Goethe University & Ulrich Spangler, Goethe University  | <b>IN-CONGRESS WORKSHOP 20 (107€-Free)</b><br>The Initial Phase of Therapy in ACT: Setting the Grounds for a Valued Change<br><br>Yfrah Yovel, The Hebrew University of Jerusalem  | <b>IN-CONGRESS WORKSHOP 21 (105€-Free)</b><br>Relationship Interrupted: Assessment and Treatment of Relationship Obsessive Compulsive Disorder (ROCD)<br><br>Guy Doron, Danny Derdy, IDC/ Cognetica   | <b>CLINICAL ROUND TABLE 3 (109€)</b><br>Parental Mental Health<br><br>Organizer: Sam Cartwright-Hatton, University of Sussex<br>Chair: Belinda Platt, University Hospital, Munich<br><br>Discussants:<br>Rachel Colton, University of Manchester<br>Rey Lawrence, University of Reading<br>Trevy Glasstone, Wrexham College                | <b>SYMPOSIUM 14 (112€)</b><br>Advances in CBT for Feeding and Eating Disorders<br><br>Organizer: Talia Scrima, University of Catania<br>Chair: Talia Scrima, University of Catania<br><br>Presenters:<br>Damiano Tomassello, ALTEIA Clinical Center<br>Emmanuel Masi, Emofood Research Center and Centro Interdisciplinare Bariensis E. Obelski - Istituto Clinici Zucchi - Milano<br>Behav. Asy, Egyptian Association of Cognitive Behavior Therapy<br>Nisham Ramy, Ain Shams University, Psychiatry Institute | <b>SYMPOSIUM 15 (107€)</b><br>Special Interest Group on Worry, Rumination and Repetitive Thinking: What do They Involve, How do They Contribute to Clinical Disorders and How can They Be Reduced<br><br>Organizer: Giovanni M. Ruggiero, Studi Cognitive Psychology School Milano, Italy; Sigmond Freud University Milan & Wien<br>Chair: Giovanni M. Ruggiero, Studi Cognitive Psychology School Milano, Italy; Sigmond Freud University Milan & Wien<br><br>Presenters:<br>Giovanni M. Ruggiero, Studi Cognitive Psychology School Milano, Italy; Sigmond Freud University Milan & Wien<br><br>Organized by Special Interest Group on Worry<br>Open to all congress attendees | <b>SYMPOSIUM 16 (106€)</b><br>Sudden Gains in Psychotherapy: Novel Theory and Empirical Findings<br><br>Organizer: Ivan M. Aderka, University of Haifa<br>Chair: Ivan M. Aderka, University of Haifa<br><br>Presenters:<br>Ivan M. Aderka, University of Haifa<br>Jonathan G. Dohson, University of Haifa<br>Anne-Katharina Deisenhofer, University of Trier | <b>MASTERCLASS 8</b><br>Understanding and treating a specific phobia of vomiting<br><br>David Veale, King's College   |  |
| 11:30-12:30 | <b>KEYNOTE 9</b><br>Disrupted Emotions: Jealousy, Envy, Resentment, Ambivalence<br><br>Robert Leahy, American Institute for Cognitive Therapy<br>Chair: Judith Beck, the University of Pennsylvania  | <b>KEYNOTE 10</b><br>Treating Posttraumatic Stress Disorder Effectively and Efficiently: A Cognitive Approach<br><br>Anke Ehlers, the University of Oxford<br>Chair: Paul Solovskiy, University of Bath  | <b>KEYNOTE 11</b><br>The Continuity Hypothesis: From Personal Style to Personality Disorder<br><br>Arthur Freeman, Tuoro College<br>Chair: James Bennett-Levy, University of Sydney   | <b>REINARY 6</b><br>Ascertainment Good Practice: The Empirical Status of Metacognitive Theory and Therapy of Depression<br><br>Costas Papageorgiou, Priory Hospital Atricham<br>Chair: Adrian Wells, University of Manchester  | <b>REINARY 7</b><br>Towards a Science Informed Practice of Therapeutic Interaction in CBT<br><br>Nikolaos Kazantzis, Monash University<br>Chair: Yusuf Sliemaghi, Uludağ University  |  |   |  |   |  |  |   |  |
| 12:30-13:30 | LUNCH BREAK & OPEN PAPER AND POSTER SESSIONS   |  |   |  |  |  |   |  |   |  |  |   |  |
| 12:30-13:30 | <b>OPEN PAPER 7</b><br>Chair: Rachel Menzies, University of Sydney<br>(1195) Intolerance of uncertainty: It is bad if generalized anxiety or social anxiety, but it is even worse when anxieties combine<br>Gregory Simos, University of Macedonia<br><br>(1014) Negative pre and post-event rumination and social anxiety: Mediators of this relationship and treatment implications<br>Matthew Adonis, The University of Sydney<br><br>(1186) Watching yourself? Self focused Attention in Social Anxiety Disorder<br>Fatemeh Morad, Ain University of Economics | <b>OPEN PAPER 8</b><br>Chair: Yammie Rones, Tel Aviv University<br>(1217) An Examination of Cyber Bullying and Cyber Victimization in Adolescents in terms of relational Beliefs, Psychological Resilience and Psychological Needs<br>Ali Qaib, Galalstep University<br><br>(1265) Investigation of the Relationships between Irrational Beliefs about Parenting, the Child-Parent Relationship, and Mental Health<br>Ali Qaib, Galalstep University<br><br>(1059) Adolescence-limited or Adolescence-onset Conduct Disorder? A Contribution of Developmental Psychopathology to Cognitive-Behavior Therapy<br>Alicia Paiva, Associação Templo Cognitivo y Conductual Liberal<br><br>(1189) Can We Improve Social and Academic Functioning of Depressed Adolescents with a CBT-based "Adolescent Coping with Depression Course"?<br>Serap Kete, Norwegian Center for Child Behavioural Development<br><br>(1213) Investigation into program outcomes of Fun FRIENDS, CBT program for young children: different evaluation between teachers and parents<br>Yuki Matsumoto, Takusho University | <b>OPEN PAPER 9</b><br>Chair: Çağrı Öykü Memiş, Adnan Menderes University<br>(1220) Therapeutic Alliance to Therapist vs. Alliance to the Program in Guided Internet-based Cognitive Behavioral Therapy for Panic Disorder: Development, Course, and Association with Outcome<br>Asher F. Strauss, Hebrew University of Jerusalem<br><br>(1242) The efficacy of robot enhanced therapy for children with autism spectrum disorders: A randomized clinical trial<br>Daniel David, Babes-Bolyai University<br><br>(1218) A randomized controlled trial comparing standardized and individualized feedback in online Parent Community Mental Services<br>Lucy Tan, University of Queensland<br><br>(1041) IT5Y: A gamified one-session virtual reality app with 12-month follow up data<br>Paul Zagoncak, Freie Universität Berlin | <b>OPEN PAPER 10</b><br>Chair: Zaira Abad, MEF University<br>(1202) The State of Mindfulness is based on Simultaneous Emotion and Reduced Psychological Distance<br>Yfrah Yovel, The Hebrew University of Jerusalem<br><br>(1259) Turned and traumatized refugees at DIGNITY – the important effects of pain on treatment outcome<br>Linda Nordin, DIGNITY/Lunds Universitet<br><br>(1106) Combining recovery techniques and parenting skills strategies to promote better mental health for children and families through armed conflict and displacement<br>Rachel Colton, The University of Manchester<br><br>(1190) VSDT vs EMDR<br>Soy Mithylluyen Msc, Altrecht GGZ & Utrecht University | <b>OPEN PAPER 11</b><br>Chair: Isabel Fernandez, CISP<br>(1207) The Posttraumatic Growth Among Grieving Individuals: Examining the Five Stages of Grief and Intensity of Bereavement<br>Christopher D. J. Taylor, Early Intervention Psychosis Service and The University of Manchester<br><br>(1259) Turned and traumatized refugees at DIGNITY – the important effects of pain on treatment outcome<br>Linda Nordin, DIGNITY/Lunds Universitet<br><br>(1106) Combining recovery techniques and parenting skills strategies to promote better mental health for children and families through armed conflict and displacement<br>Rachel Colton, The University of Manchester<br><br>(1190) VSDT vs EMDR<br>Soy Mithylluyen Msc, Altrecht GGZ & Utrecht University | <b>OPEN PAPER 12</b><br>Chair: Antonio Pinto, University of Bologna<br>(1273) Imagery focused psychological therapy for persecutory delusions in psychosis (IMAPIT): a case series<br>Christopher D. J. Taylor, Early Intervention Psychosis Service and The University of Manchester<br><br>(1274) Detailed examination of the role of negative and positive schemas in predicting psychotic symptoms in psychosis: An experience sampling study<br>Christopher D. J. Taylor, Early Intervention Psychosis Service and The University of Manchester<br><br>(1008) Characterization of clinical supervision in a master's program in clinical psychology<br>Hosier Baerdsdo-Bilbos, Universidad de los Andes<br><br>(1224) Training therapists to be "trauma experts": Results from a training evaluation<br>Hannah Murray, University of Oxford   |   |  |   |  |  |   |  |
| 13:30-14:30 | <b>IN-CONGRESS WORKSHOP 22</b><br>Emotional Schema Therapy: Deepening the Meaning of Therapy<br><br>Robert Leahy, American Institute for Cognitive Therapy   | <b>IN-CONGRESS WORKSHOP 23</b><br>Foundations and Basic Principles for Effective Practice of DBT<br><br>Amy Gaglio, Society of DBT & Jim Lyng, Trinity College   | <b>IN-CONGRESS WORKSHOP 24</b><br>Metacognitive Therapy for Rumination and Depression<br><br>Costas Papageorgiou, Priory Hospital Atricham  | <b>IN-CONGRESS WORKSHOP 25</b><br>Providing Highly Effective CBT Supervisors: The Essential Attitudes and Practices<br><br>Gary Newman, Freeman School of Medicine at the University of Pennsylvania<br><br>Antonio Pinto, University of Bologna   | <b>IN-CONGRESS WORKSHOP 26 (105€-Free)</b><br>A Mindfulness and CBT Integrated Treatment for Psychosis: From the Early Intervention to the Improvement of the Neurocognitive and Metacognitive Dysfunctions<br><br>Elena Romanova, St.Petersburg University  | <b>SYMPOSIUM 17 (105€)</b><br>Body Dysmorphic Disorder - Presentation and Understanding of a Newly Defined Disorder of the Obsessive-Compulsive Spectrum<br><br>Organizer: Viktoria Ritter, Goethe-Universität<br>Chair: Viktoria Ritter & Ulrich Spangler, Goethe-Universität<br><br>Presenters:<br>Tania Baroni, Stephanie Masiis, Paula Solanbar, & Fugen Neziroglu<br>Bio-Behavioral Institute Buenos Aires & New York, Argentinian Catholic University (UCA), Argentina & USA<br>Anja Grucholowski*, Maja C. Minick, & Nina Heinrichs<br>Technische Universität, Braunschweig, Germany<br>David Veale*, Institute of Psychiatry, Psychology, and Neuroscience, King's College, London<br>Viktoria Ritter*, Jürgen M. Kaufmann, Franziska Kraemer, Stefan R. Schwaninger, Ulrich Spangler, & Holger Wiese<br>Goethe University, Frankfurt & Friedrich-Schiller University, Jena, Germany<br>Jamie D. Feusner*, Rangasiddhiah Deshpande, Teresa D. Moody, Ronald L.G. Costumery, L. Sheen, Georgia Petter, Gigi K. Cheng, & Francesca Morjari<br>Department of Psychiatry and Biobehavioral Sciences, UCLA, Los Angeles | <b>SYMPOSIUM 18 (101€)</b><br>Eye Movement Desensitization and Eye Reversion (EMDR): Neurobiological Mechanisms and Clinical Applications<br><br>Organizer: Alessandra Minelli, University of Brescia<br>Chair: Isabel Fernandez, CISP<br><br>Presenters:<br>Alessandra Minelli, University of Brescia<br>Marco Pagan, Italian Research Council<br>Sara Corsetto, University of Turin | <b>SYMPOSIUM 19 (110€)</b><br>Beyond Pre and Post: Examining the Processes of Change in CBT<br><br>Organizer: Belinda Graham, University of Oxford<br>Chair: Belinda Graham, University of Oxford<br><br>Presenters:<br>Milton Waldmann, University of Oxford<br>Graham Thee, University of Oxford<br>Belinda Graham, University of Oxford | <b>SYMPOSIUM 20 (107€)</b><br>Preventing Emotional Difficulties during the Transition to Parenthood: Moving from Risk to Mechanisms of Protection<br><br>Organizer: Maria Cristina Canovauro, University of Coimbra<br>Chair: Maria Cristina Canovauro, University of Coimbra<br><br>Presenters:<br>Mariana Moura-Ramos, University of Coimbra<br>Marco Pereira, University of Coimbra<br>Ana Fonseca, University of Coimbra  |  |  |   |  |
| 14:30-15:00 | COFFEE BREAK   |  |   |  |  |  |   |  |   |  |  |   |  |

